

July, 2020

IMPORTANT INFORMATION ABOUT YOUR HEALTH INSURANCE

Dear Plan Participant:

By this time you have already received your new UMR medical and prescription ID card. Following is some additional information on what is available to you and how to access your benefits.

If you would like additional ID cards for your family members you have the following options:

- Go to www.umar.com to log in and create your account. From here you can print or order additional ID cards.
- Call the Fund Office and we can order additional ID cards for you: 1-800-535-6373

Medical Benefits

Register and create an account on the UMR website www.umar.com to have access to view and print EOBs (explanation of benefits), print and order additional ID cards, and many more valuable resources including the following:

Find a provider – If you would like to find a provider in the UHC network:

- Go to www.umar.com and select Find a Provider. You will then be prompted to select the network which is UnitedHealthcare Choice Plus Network. From here you are able to search for in-network providers by doctor, place, service etc.

Maternity Management Service – If you are thinking about having a baby or are already expecting, you are invited to sign up for the maternity management program. Completion of this program provides an increased Plan coinsurance of 90% on maternity-related covered medical expenses.

- Go to www.umar.com, or call 1-888-438-8105 to sign up.

Smoking Cessation Program – If you would like help to quit or reduce your use of nicotine products:

- Go to www.umar.com and select “contact us” to email Wellness Program – Coaching. Or call 800-207-7680.

Hearing Discount Program – Although the Plan does not provide a benefit for hearing aids, you do have access to a discount program through UMR:

- Go to www.uhchearing.com, or call 1-855-523-9355, TTY 711

Prescription Benefits

Remember to show your new ID card when you go to have a prescription filled!

Sav-Rx is standing by to answer any prescription benefit questions you have. They are available 24/7 by calling 800-228-3108, or you can visit their website at www.savrx.com.

If you have any questions, please do not hesitate to contact the Fund Office at 1-800-535-6373.

Sincerely,

Board of Trustees